

INVERNESS GYMNASTICS CLUB

CODE OF CONDUCT: COACHES AND HELPERS

- All coaches and helpers are expected to create an enjoyable and safe training environment at all IGC recreational and club sessions, and during any trip, competition or event.
- All coaches and helpers must adhere to the club's and governing body's child protection and welfare policy at all times.
- All coaches and helpers must adhere to the club's and governing body's equity policy at all times.
- Coaches and helpers must raise any concerns relating to safeguarding, welfare or equality to the club's safeguarding officer or club chairman.
- Coaches and helpers must adopt **open practice** – namely, never coaching alone in a hall with any gymnast. Likewise, the club's safeguarding officer and head coach should be aware of all additional training sessions taking place.
- Coaches and helpers must place the safety and wellbeing of participants before performance outcomes.
- Coaches and helpers are responsible for creating an environment in which participants have the opportunity to apply themselves, develop their ability and enjoy their session.
- All coaches and helpers should consistently display high standards of behaviour.
- Coaches and helpers should inform the club if they are unable to attend a session, or if they are going to be late.
- Coaches and helpers should be suitably dressed to coach – no jewellery with the exception of a wedding band, hair tied back, no jeans, and in suitable footwear.
- Coaches must never allow a primary school gymnast to leave at the end of a training session or competition without a suitable adult. The lead coach for any session is responsible for adherence to the pick up and drop off procedure.
- All coaches and helpers should make themselves aware of the rules at all competitions and events in order to conduct themselves accordingly.
- Coaches and helpers should make themselves available to parents where possible, answering questions or directing them accordingly.
- Coaches should use social media with care, and in accordance with the club's safeguarding and child protection policy. In particular, coaches over 18 should not be connected with gymnasts under the age of 18 on Facebook or similar. It is strongly advised that all social media accounts and profiles are set to private.
- All coaches and helpers should lead by example in promoting respect and good sportsmanship.
- All coaches and helpers who receive payment for their time or services must do so in line with the clubs policies (separate to this document) and with prior agreement.

[Updated: 10th February 2017]